

# Breakfast Menu

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# The perfect start

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Start the day with a Bailbrook House fresh, energising and feel-good digestive shot.

## **Beverages**

A selection of fine teas and coffee with a choice of freshly and locally sourced juices.

## **The Breakfast Table Selection**

A selection of freshly-baked croissants, pastries, muffins and breads.

## **A choice of individually boxed cereals**

Cornflakes, Special K, Frosties, Weetabix, Coco Pops, Schar gluten-free muesli

## **Fresh fruit salad and citrus pots (vg) (kcal 16)**

## **Layered Greek yoghurt Sundae (v)**

With Hand Picked seasonal granola (kcal 280)

## **From the Chef**

"It's all about the eggs. Our eggs are lion™ branded and locally sourced. We can cook them however you like them; poached, fried, scrambled or as an omelette. Our sausages use our own exclusive recipe - tried, tested and given the seal of approval by all our chefs. They are even gluten-free!"

## **Blueberry and organic oats**

Made with coconut milk, topped with local honey (kcal 200)

## **Scottish oak smoked salmon**

Poached hen's egg, toasted sourdough, lemon wedge, watercress (kcal 254)

## **Breakfast charcuterie**

Smoked fish and local cheese with olives, sun-blushed tomatoes, pickles, relish and crispy breads from the bakery (kcal 322)

## **Caramelised maple syrup banana waffle (v)**

Greek yoghurt and granola crunch (kcal 600)

## **Omega-rich smoked mackerel and scrambled egg on toasted seeded bread**

Basil and chive olive oil drizzle (kcal 750)

## **Hand Picked breakfast dish of the week**

Please speak to your server.

## **Artisan toasted sourdough and smashed avocado (v)**

Baby spinach, poached hen's egg, chilli oil (kcal 274)

## **Eggs Benedict**

Poached egg, carved ham, Hollandaise on toasted muffin (kcal 710)

## **Bailbrook House English breakfast**

Grilled smoked streaky bacon, our own Cumberland sausage, sea salted plum tomato, roasted flat mushroom, homemade hash brown, baked beans and a choice of our locally sourced hen's egg (kcal 810)

## **Bailbrook House vegetarian breakfast (v)**

Glamorgan style sausage, black pudding, sea salted plum tomato, roasted flat mushroom, homemade hash brown, baked beans and a choice of our locally sourced hen's egg (kcal 520)

## **Zalmon, spinach and avocado (vg)**

Toasted muffin, lime and chilli oil (kcal 300)

## **Fruity French cinnamon brioche toast (v)**

Greek yoghurt, honey, cranberry, raisin and toasted pumpkin seeds (kcal 512)

## **Make breakfast extra special with:**

125ml Glass of Champagne	£12
125ml Glass of Rosé Champagne	£15
Bloody Mary	£10.50

## **Non-residents breakfast price from £22.50**

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If more information about allergens is required, please ask a member of the team. Adults need around 2,000 kcal per day.